

VOLUNTEER ROLE DESCRIPTION

Role Title	Hand massager
Location	Wirral Hospice St Johns
Time Commitment	To be agreed, although a minimum of 2-3 hours a week would be appreciated
Responsible To	Hospice Based complementary therapy lead

PURPOSE OF THE ROLE

Complementary therapies are very much part of the overall care given in hospices throughout the country. Wirral Hospice St Johns offers a wide range of the most effective complementary therapies available. All therapies given in the hospice are truly holistic, helping to ease physical pain, anxiety, and spiritual distress.

The Volunteer carrying out hand massage will support the wider Complementary Therapy team in working with patients and carers. They also work as part of the Patient and Family Support Services team (PFSS) and liaise with them at all times.

KEY DUTIES AND RESPONSIBILITIES

- ◇ To offer a patient centred approach to hand massage.
- ◇ To liaise with the PFSS team in connection with any treatment to be given.
- ◇ To maintain complete confidentiality in accordance with the Hospice policy.
- ◇ To identify and report any worries or concerns regarding Hospice patients to the Complementary Therapy co-ordinator or a lead physician/nurse.
- ◇ To explain the massage being offered to a patient or carer before undertaking the massage and obtain their or next of kin consent, in line with agreed hospice policies and procedures
- ◇ Report any Health and Safety issues.
- ◇ To adhere to the code of conduct and ethics.
- ◇ To write adequate documentation of the sessions to be handed to the complementary therapy lead or PFSS admin at the end of the sessions.
- ◇ To be flexible in attitude and approach
- ◇ In the event that you are unwell, going on holiday or unable to undertake your shift please inform the Complementary Therapist Co-ordinator or PFSS Manager as soon as possible.

KEY EXPERIENCE, SKILLS, ATTRIBUTES & QUALIFICATIONS

- ◇ Ability to work as part of a multi-disciplinary team.
- ◇ Flexibility and sensitivity.
- ◇ An understanding of Hospice and Palliative Care Philosophy.
- ◇ You will be handling aromatherapy oil blends. If you have any skin issues on your hands this could exclude you from being able to participate in this role.
- ◇ This role requires an Enhanced Disclosure & Barring Service (DBS) Check

ESSENTIAL TRAINING REQUIREMENTS

- ◇ You do not need to be a qualified Complementary therapist
- ◇ Hand massage training will be taught by the complementary therapy lead.
- ◇ Organisational induction
- ◇ Mandatory training plus any other training considered relevant to the role.
- ◇ There will be a short induction period to ensure you are familiar with the Hospice, its policies and practice and the role of hand massaging within the palliative care environment.

WHAT WE OFFER

- ◇ You will be making an important contribution to Wirral Hospice St Johns.
- ◇ The opportunity to learn new skills.
- ◇ You will receive an induction and ongoing support and training.
- ◇ You will be part of a professional team.
- ◇ Experience of volunteering in a specialist setting.