



**\*\*\*DUE TO POPULAR DEMAND WE ARE PLEASED TO ANNOUNCE WE PLAN TO RUN A SECOND PROGRAMME\*\*\***

## **Wirral Locality**

**Palliative and End of Life Care Education Programme**

**For GPs and GP Registrars**

**September 2011- February 2012**

**This course is free\***

**Funding has been provided by NHS North West as an MPET priority for increasing engagement with primary care**

### **Aims of the Programme**

***Attendance and participation in a six session rolling programme aiming to enhance the knowledge of symptom control for GP's and GP Registrars providing care to patients at the end of life.***

***Delivered by Dr Clare Littlewood and Dr Cathy Lewis-Jones, Consultants in Palliative Medicine and supported by the Wirral Specialist Palliative Care Team.***

### **Topics to be covered during the programme include:**

- Undertaking a pain assessment
- Understanding the use of appropriate analgesics and adjuvant analgesics for different types of pain
- Appropriate antiemetics for causes of nausea & vomiting in palliative care
  - When to use a syringe driver
- Management of malignant bowel obstruction
  - Management of intractable dyspnoea
- Potential palliative care emergencies and their management
- Diagnosing dying and managing symptoms in last the 48 hours of life
- Increased awareness of National End of Life Care Tools and the impact of the NHS Next Stage Review including End of Life Care Strategy

### Programme

**Pain - Wednesday 14<sup>th</sup> September 2011**

**Nausea and Vomiting - Wednesday 12<sup>th</sup> October 2011**

**Emergencies in Palliative Care - Wednesday 9<sup>th</sup> November 2011**

**Dyspnoea - Wednesday 14<sup>th</sup> December 2011**

**Last 48 hours of Life - Wednesday 18<sup>th</sup> January 2012**

**End of Life Care Tools - Wednesday 22<sup>nd</sup> February 2012**

### Format of Sessions

**A formal lecture followed by interactive symptom control workshop using case scenarios with feedback.**

**Venue: Wirral Hospice St John's**

**Buffet Available 6.00—6.30pm / Education Session 6.30—9.00pm**

**Places Limited to 30 Participants**

**Certificate of course completion will be provided for the purpose of Continuing Professional Development, CME Points applied for.**

**For further information and to book a place, please contact:**

**Ursula Nicholas**

**Secretary to the Consultant in Palliative Medicine**

**Wirral Hospice St John's**

**Mount Road**

**Higher Bebington**

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***\* Cancellation fee of £30 applies if place cancelled after 28<sup>th</sup> August 2011***